

# 5 Alternatives

## To Bleach For Household Cleaning Chores

### Castile Soap

A concentrated, vegetable-based soap. It's a natural alternative to bleach and almost any other cleaning product.

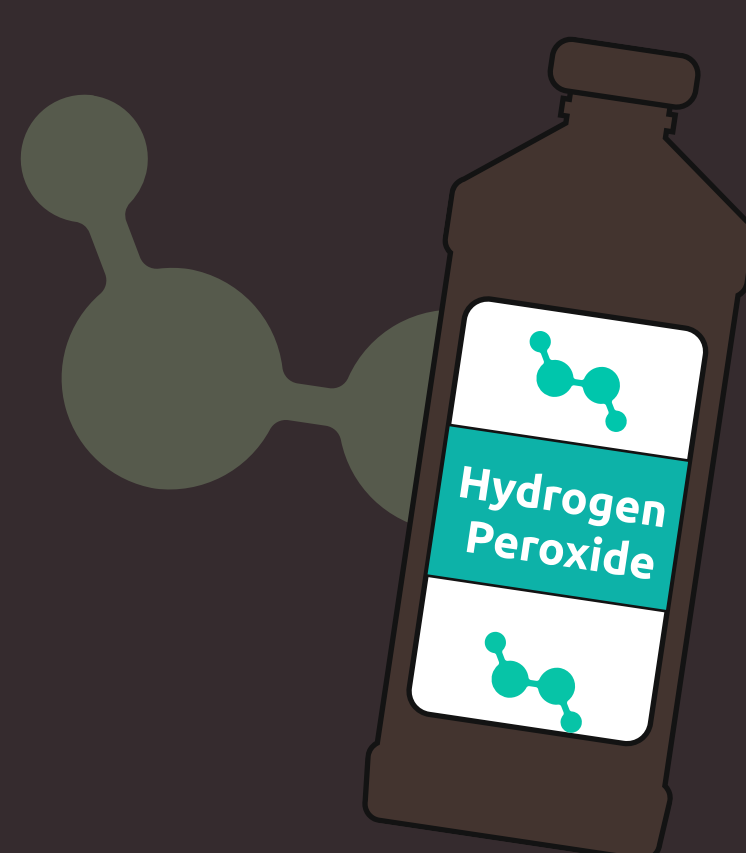


### Baking Soda

This kitchen staple is also a whitening agent. Use it instead of bleach on your laundry and for stain removal.

### Hydrogen Peroxide

Hydrogen peroxide can help you brighten and disinfect almost any surface (without dangerous chlorine fumes!)



### Lemon Juice

Citric acid is great for removing stains and foul smells. Ditch the bleach and pour lemon juice into your laundry!

### White Vinegar

Vinegar works as a milder disinfectant. Besides, it's better than bleach for cleaning mineral stains and soap scum.



Source:

[www.naturesnurtureblog.com](http://www.naturesnurtureblog.com)

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